

# KILKENNY

FREE

## PAULS FOR FALL

Paul's Department Store  
really has some beautiful  
surprises in store.

## Kilkenny's Rose

We catch up with  
Aoibhín Murphy

## Coats

Its time to wrap up!

## Confessions of a beauty Snob

Sarah Canning looks  
at a few of her fav  
beauty products

## Eclectic Style

We take a look at Selina  
Gittins Interior Style

## A Celebration of Style

Kilkenny Fashion Week  
showcases the fashion of  
Kilkenny City

## A Stones Throw Away

Woodstock House  
Inistioge, Co. Kilkenny

## Food

### Favourites

Where and what  
to eat in Kilkenny

## Savour

### The Moment

Savour Kilkenny  
returns in October

## Baggage

Man Bags for the boys



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**Find us on facebook at Kilkenny Zine**

\* See stockists page for details

# October,

Wow October already! Even as I write this I really can't believe its now October!! We had an eventful September; we had Paralympic glory that just made me so proud of these sports heros, and we had the first drawn All Ireland Hurling Matches in years. So we will have to see who win's out on the 30th (We'll be gone to print by then, let's hope it's Kilkenny!)

XXX The editorial team at **KILKENNY**



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# October

## Paralympic Glory



Just as we were proud of our Kilkenny Olympians we are equally as proud of our Paralympians. Team Ireland returned home with 8 Gold, 3 Silver and 5 Bronze. They were so inspirational to watch, with Jason Smyth, Michael McKillop and Mark Rohan gaining two medals each.

Kilkenny's Athletes include Ray O'Dwyer from Hugginstown who competed in the discus, javelin and shot put, Mooncoin's James Dwyer claimed 6th place in the grade IV championships, also claiming 4th in the grade IV para equestrian dressage competition, and Gabriel Shelly who is originally from Bagenalstown but calls Kilkenny home did us proud in the Boccia competitions. We are all so proud of all these athletes.

## Go on the Cats



We here at Kilkenny Magazine were at the All Ireland Final on the 9th of September and are still recovering from the shock of it! Two draws in one day! We haven't seen the like of this for years! Like most Kilkenny people and I'm sure Galway people, we left the stadium dumbfounded. No winner left the atmosphere flat and everyone just walked around in a daze. We can only hope that the third time these two teams meet this year will result in Kilkenny winning. Otherwise there will be a lot of shocked Kilkenny natives. Us

included.. We at Kilkenny Magazine wish the Kilkenny Senior Hurling team the very best of luck!

## Frill and Bow Boutique



Frill and Bow Boutique has opened its doors on the Butterslip Lane, its a ladies boutique that stocks brands such as, Desigual and Angels Never Die. Their clothes are both classy and fresh. Its open Monday to Saturday from 10 - 6, pop in the next time you are down the Butterslip Lane. We wish them every success with it.

## Confetti Live



Confetti Live is coming to the Hub, Cillin Hill on October 13th - 14th.. TV celebrity wedding planner Franc will be on hand to answer questions, as well as catwalk shows, cafes and relaxations zones. Book tickets now on [www.confetti.ie](http://www.confetti.ie).

## John Martyn Tribute Festival

The John Martyn Tribute Festival took place last weekend in Kilkenny. A stellar line up of acts descended on Thomastown for the second year of the festival, with artists including Iarla O Lionaird, James Yorkston, Leslie Dowdall, Mik Pyro, Mundy, The Man Whom, Chris Campbell, Ultan Conlon, Deetrich, Jacqui McShee, Rob Doherty, Doug Morter and Kevin Power all performing with Martyn's original band. Photo DARA MUNNIS PHOTOGRAPHY

## Thomastown Online



Thomastown Online is a new venture for Thomastown set up by Sm4solutions. It's an online resource for places to eat, stay and where you can find artists and craft makers in Thomastown. Its a wealth of information for anyone local or worldwide about what to do, eat, stay and buy unusual things in Thomastown. Check out [www.thomastownonline.com](http://www.thomastownonline.com).

## Girls Day Out

October the 6th will see the first Teenage Girls Event held here in the Ormonde Hotel. There will be lots to see, with fashion shows, hair and beauty tips. Karen Morrissey of Hype Model Management will host the event. Doors open at 12.00pm. If you are a teenage girl you cannot afford to miss it!

## Competition Winner

Congratulations to Fiona Lavelle who won our competition. She was delighted with here present of a hamper from the Design Centre, Kilkenny and a voucher from Lorimat Jewellers in Kilkenny.

## Positive Aging



Age Action is celebrating 10 years of positive aging from September 28th to October the 6th 2012. Age Action is all about promoting positivity around aging in Ireland.

There is lots to do here in Kilkenny for October two events that will happen are **Kilkenny Fashion Week** and **Savour Kilkenny**. We'll be going into detail about these events in the coming pages. So if your passion is food or fashion you'll surely be happy to be in Kilkenny this month!

If you have any events that you would like us to mention send us in a little description of it and we'll try to include it. Email [kilkennymagazine@gmail.com](mailto:kilkennymagazine@gmail.com)

## Leather Envy



While getting the clothes in Paul's this week for our photoshoot I came across this gorgeous bag from Fossil. This striped Explorer bag seamlessly blends leather, suede, and pops of patent to produce an effect that's positively swoon-worthy. We love the bold colours and laid-back silhouette of this must-have cross body. Check them out in Paul's Kilkenny.



Deco Wings Print Top  
Warehouse

## The Devil is in the Detail

I always find it easier to throw on a dress going out on a night out. You have a total outfit in one. But if you want to dress up on a more casual night out the patterned blouse is a must. Worn over skinny jeans or a maxi you can be dressed up without worrying about fake tan on pasty legs! We love this Warehouse Deco Wings top available in Warehouse. Check Goods, Kilkenny for Warehouse clothing.

## Going Dotty

This adorable jumper is sure to be a favourite for any dog lover. It's available in The Gift Horse on Patrick Street. It will surely make your dreary winter days be a lot better. Wear it over your favourite jeans or a pencil skirt. It's a steal at €35. For more information on The Gift Horse look them up on Facebook or pop into see their lovely shop!



## Eye Popping



The stylish new popcorn collection from Lorimat are the latest jewellery trend, found on catwalks and celebrities alike. These gorgeous bracelets and necklaces are created from sterling silver with a mesh-like link, and are plated in various metals to give five different colour options. Each bracelet features a magnetic clasp for easy closure and removal, making them a joy to wear! Available in Lorimat Kilkenny, [www.lorimatkilkenny.ie](http://www.lorimatkilkenny.ie)

# Want it! Need it!

## Rule with an Iron Fist

The Shoe Box Kilkenny stocks a wide range of these funky shoes. If you are looking for something different and eye catching this is the range for you. These skull pattern shoes with leopard print interior also come in red and gold. Get them before they go! The Shoe Box, Ormonde Street, Kilkenny.



## Foxy!

Curled in on its bushy tail for warmth, this fox brooch is elegant and adorable: perfect for your winter coat. It's cleverly constructed from three pieces so that its nose peeps out at an angle over the tail. The warm tortoiseshell perspex captures the beautiful colour of the fox. Tiny black studs fasten it all together, forming the gleaming eyes and nose. Don't resist, you know you want to be a foxy lady! Available in Kwilla, Rose Inn Street, Kilkenny. Find Kwilla on facebook for more lovely things!







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# CONFETTI

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IN ASSOCIATION WITH

## Franc

### THE HUB

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October 13th - 14th 2012

12-6pm, Admission €10

- An Audience with Franc
- Catwalk shows
- Beauty Zone
- **PLUS:** Break-out zones for relaxation
- | Café | Free WiFi | & lots of fun

see [www.confettilive.ie](http://www.confettilive.ie) for more information

## The Gift Horse



### The Gift Horse

25 Lower Patrick Street, Kilkenny

t: 056 7786259

e: [thegifthorsekilkenny@gmail.com](mailto:thegifthorsekilkenny@gmail.com)



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# PAUL'S FOR FALL

Paul's is one of the most established stores in Kilkenny City, it is one of those rare stores that caters for all ages, and both men and women. They recently started stocking beautiful shoes. We are showcasing a few of the ranges that they have in our photoshoot.



## This Page

Noe Shoe Boot  
Suede Guess Jacket  
Guess Bag Black  
Leopard Print Guess Dress  
Calvin Klein PVD Large Twist Style Bond Earrings

€150  
€334  
€105  
€90  
€120



## This Page

Ribkoff Dress	€280
Claudia Bag	€65
Ella Boo Coat	€267
Ti Sento Ring Black & C2 Set Cluster	€135





## Clothes

Moda Boots	€199
Gant Blazer	€350
Levis Blue	€105
Tommy Jumper	€99.90
Fossil Bag	€149
Star Scarf	€26.50





# ROSS COSTIGAN

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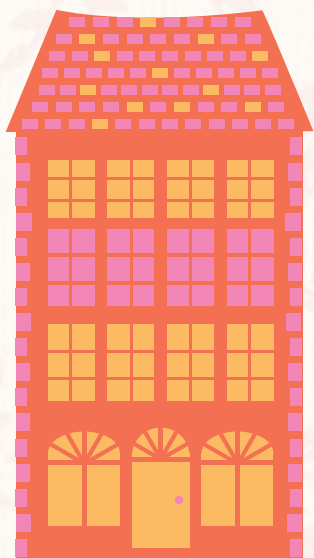


WEDDING PHOTOGRAPHY | PROMOTIONAL PHOTOGRAPHY  
ACTOR HEADSHOTS | MODEL PORTFOLIOS | ALTERNATIVE PORTRAITS





# Boutique Shopping in Kilkenny!



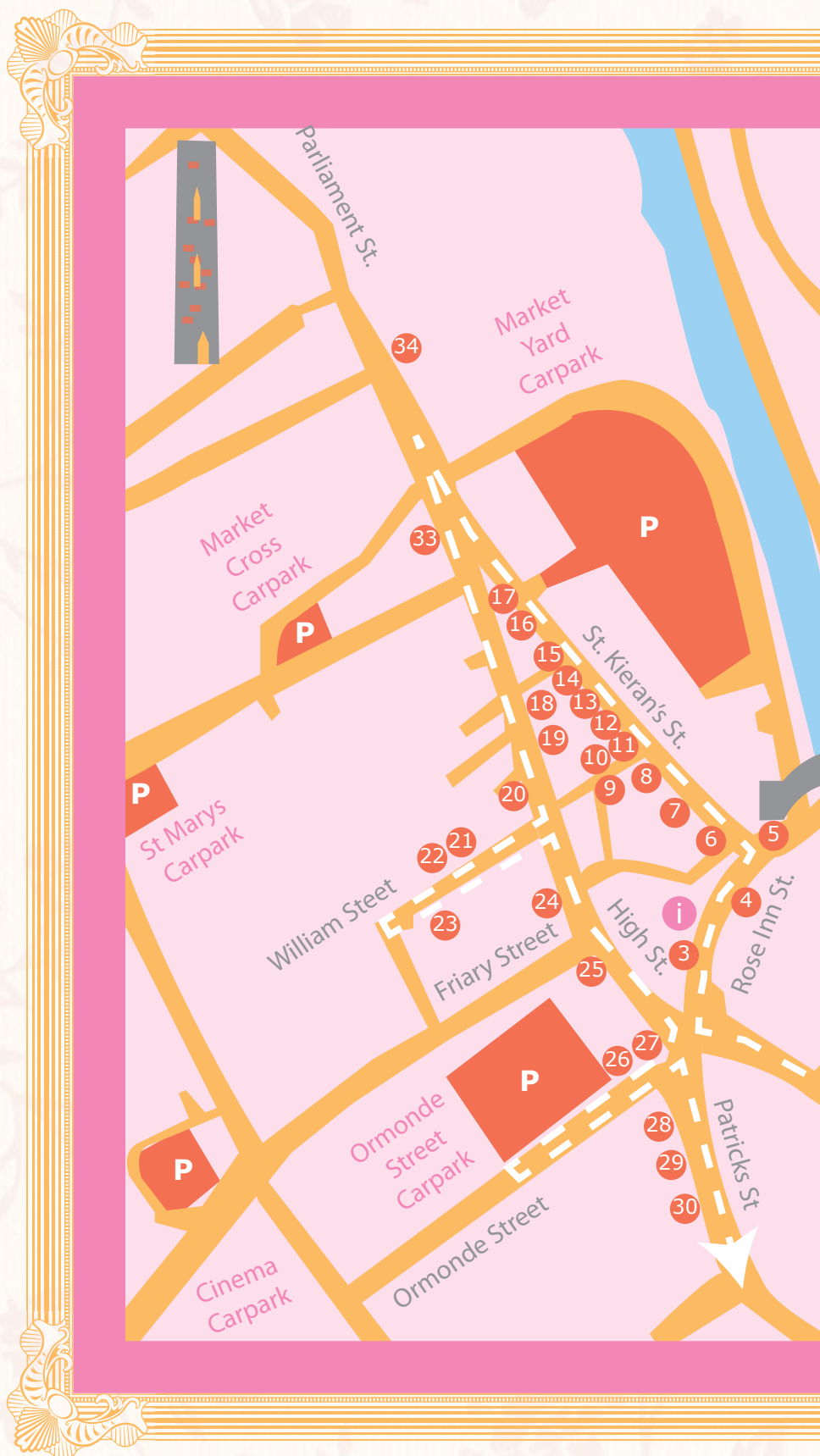
**Kilkenny**  
the boutique city

The winding streets of Kilkenny are home to a wonderful selection of independent shops and boutiques, each with their own individual style and character.

To explore some of the best of Kilkenny Style follow our boutique trail, check the icons to find exactly what you're looking for, or just abandon yourself to the city's unique atmosphere and charm.

Whether it's the perfect gift, the most fabulous frock, or the wedding dress of your dreams, we're sure you'll find it in Kilkenny.

Happy Shopping!



Bridal Wear



Mother of the Bride



Lingerie



Shoes



Jewellery Accessories





## Boutiques

1. Marchioness  
2. Rebekah Patterson 
3. Kwilla  
4. Lola Rose   
5. Butterslip   
6. Peaches 
7. Jeutonic 
8. Pure Kids 
9. Bow & Frill Boutique 
10. Belle 
11. Tiffany  
12. Mimi 
13. Cameo 
14. Rumour 
15. Serendipity  
16. Belle Femme 
17. Lorimat 
18. Dame 
19. Caza Choo 
20. Michelle O'Connell  
21. Sabo 
22. Jo Duggan  
23. Coco Pink 
24. Bourkes  
25. Murphys  
26. The Shoe Box 
27. Sugar Sugar 
28. Yesterdays 
29. Shutterbug 
30. The Gift Horse 
31. Gorgeous 
32. Annaleens  
33. O'Moores  
34. Mc Graths  



Giftware  
Interior



Ladieswear



Vintage



Kids



Navy Duffle  
€45.00  
Penneys



Hook buttons  
€59.95  
H&M



Red Collared  
€39.95  
H&M



Tweed Jacket  
The Gift Horse



Wax Jacket  
€65.00  
A|Wear



Short Faux Leather  
€65.00  
H&M



Black Faux Leather  
€35.00  
Dunnes Stores



Blue Leather  
€139.90  
Lola Rose



Burnt Amber Jacket  
Mimi Boutique

## Cozy Cover Ups

The nights are getting cooler, and darker. This selection of jackets for Autumn will keep the elements out, are timeless and stylish. A winter coat should last a while and be versatile, here are some factors to take into consideration.

**Length.** Mid thigh and mid calf coats when worn with skirts can be unflattering and can crop the leg. Hip and knee length are more versatile and can be worn with skirts dresses, and jeans. The sleeve should sit 1 inch below the wrist bone.

**Layers.** Allow for extra layers like vests and cardigans, just one layer can offer much needed insulation.

**Trends.** When it comes to winter coats staying *off* trend is best. Leather, duffle, and trench coats are timeless, and will last longer than the latest style.

**Measure.** Take your own measurements before heading out.

- Shoulders; Start at the base of your neck across to your shoulder bone

- Chest; Around the biggest part of your chest going under the armpits
- Waist; Measure around where your trousers would sit
- Arms; Start at the tip of shoulder bone and measure down to 1 inch below your wrist bone.

**Colour.** Stay neutral have one classic colour, like black, navy or cream. When you have that covered that update your wardrobe with an autumnal colour like reds oranges or a deep purple.

**Collars.** A high collar can streamline your look while still keeping you warm and protected without having to add an extra scarf. Although its best to avoid hood at a more formal occasion.





**The Shoe Box**  
footwear, handbags & accessories

# Stylish. Affordable. Wearable.

The Shoe Box opened its door in 2007. They stock a large range of stylish, fashionable shoes at affordable prices including: Ironfist for lovers of high heels and a good range of comfortable everyday shoes and boots as well as Handbags.

The Shoe Box,  
6 Ormonde Street, Kilkenny  
Tel: (056) 77 56111

We are open 7 days a week.



Find us on Facebook - The Shoe Box

Find us on Twitter @shoeboxkilkenny

# Confessions of a beauty snob...

BY SARAH CANNING



## Hi all..

Cannot believe it is October already! Dark evenings, blazing fires, snuggly clothes, and lots of comfort food. Oh hec bring it on! This month my blog is featuring three of the latest 'crazes' in the beauty world. 1.Aloe Vera Gel, 2.Permanent Make Up, and lastly 3.Shellac Nails.

I hope you enjoy reading and please go to our Facebook page for any suggestions/comments you may have.

## Aloe Vera Gel



I came across this gel drink at a Healthy Living Expo recently. I always knew that Aloe Vera was great for its healing properties especially

for skin conditions such as sun burn. But, I didn't know it could be consumed. Aloe Vera gel has become a huge phenomenon lately as a great way to cleanse the digestive system. Like a lot of people, I sometimes suffer with tummy aches and bloating so I was excited to see if this would help. The gel comes in a large tub and is approximately €20-€30. I actually bought mine in Lanzarote while on holiday in September, and it was €15. I have been taking a cup full every morning for the past few weeks and I can safely say that it definitely has given me more energy, and I feel cleansed and detoxed! But, and this is a big but.. It tastes horrible!! It is not a pleasant taste and certainly not

an enjoyable treat first thing in the morning. So, for anyone who can't manage the taste of it, there are other flavoured options out there that you can take instead. However, I haven't tried these. I am battling on with the straight stuff!! Available from all good pharmacies and health shops. Also visit [www.foreverliving.com](http://www.foreverliving.com) ♥♥♥

## Permanent Make - Up

Ok so you'll be glad to know that this is not something I have tried and tested on your behalf. However, I have researched it to see what all the craze is about! If any of you watch TOWIE, you will know that most of the cast are huge fans of this beauty method. Personally, it is not something I would consider. However, it can look great if done properly as you can see from the image of TOWIE star



Lucy Mecklenburg below who has had her eyebrows and lips outlined. Although, she would look good in a black sac! So how does it work? It is a process called micro pigmentation which involves pharmaceutical grade coloured pigments entering the dermal layer of the skin, much like a tattoo. The treatment usually takes 2-3 applications, and will last for several years. You can expect to pay €400 plus for a basic procedure so it does not come in cheap. Although it would come in very handy in the mornings, I think I will stick with the 'old fashion' lip and eye pencils thank you very much!

There are various beauty clinics in Ireland which offer this service, and be found online. So if you are interested, get googling. And by all means, if this is something that any of you readers have done, please let us know your opinions on it. We'd love to hear them. ♥♥♥

## Shellac Nails

This is a less messy method than acrylic/gel nails which I have



done in the past. There is zero drying time, a mirror finish, no chips or smudges and lasts for 2-3 weeks. I had my nails done before holidays on both hands and feet, and 3 weeks later they still look great. I went for a coral pinky colour which looks great with a tanned glow. I will be getting them removed soon, and I will opt for a more neutral colour such as French. This is a little more expensive but it means they are a little more subtle for AW. My nails are a little brittle which is expected but nothing a good conditioner won't fix. Shellac nails are a great method in comparison to acrylic or gel. I would certainly recommend them, and especially for any busy bees, holiday goers, or for a special occasion. Shellac nails are done in most good salons, and I recommend shopping around for special mid week offers which a lot of places are doing at the moment. ♥♥♥

## Next month....

Next month I will be talking hair oils. I have tried and tested them all and will be revealing my favourites. Plus, I will be featuring some great Christmas pressie ideas as after all it will be the November issue, and we all like to be organised right?

Until then, contact us on facebook or mail me at

[confessionsofabautysnob@gmail.com](mailto:confessionsofabautysnob@gmail.com)

Sarah x



# Butterslip Scoops Best Shop Award!



Local shop **Butterslip** was recently named by the Irish Times as one of the **Best shops in Ireland!** The national newspaper ran a campaign during the summer asking readers to nominate their favourite shops throughout the country. After a shortlist was drawn up, the paper sent secret shoppers to visit each nominee. Looking for originality, variety, customer service excellence and that elusive x factor! The nominees were whittled down to a final twelve including our favourite 'Butterslip'! Below is the full article from the Irish Times, well done Butterslip!

"A mad whim" may not, at first, appear to be the best reason to open a shop, but for Anne Barber, that whim paid off with our favourite gift shop, Butterslip in Kilkenny. "I was strolling down the Butterslip lane one evening and saw a For Rent sign on the building and I took it straight away," Barber laughs.

"It was mad; I had no stock and couldn't open for four months, but opening my own place had been in the back of my head and it was time to take the jump."

Established in 2005 in tiny premises on the Butterslip lane

way, Barber's interiors and gift shop soon outgrew its first home. A move to a pretty corner site on Kieran Street and Rose Inn Street also heralded a change in direction inside the store, which now focuses on charming jewellery and accessories from Martine Wester, Rosie Fox and Lovett; beautiful leather bags from Nikka and Olga Berg; a wide range of wedding and baby gifts, and much more.

"It has always been one of my favourite shops," says reader Loren Wardrop. "I love nothing more than pottering around it, looking in the glass cabinets and shelves at all of the gorgeous things. I can't recommend it highly enough."

Sourcing her stock primarily at fairs in London and Paris – "everything must be colourful" – Barber says that although Kilkenny offers a lot of passing tourist trade, it is her repeat customers that keep Butterslip alive.

"What I sell has changed as the people around me changed," she says. "From new homes to engagements and weddings and now babies, we've moved with what is happening in many of our customers' lives."

Another reader, Catherine O'Dowd, says she returns regularly because "I can find a quality gift that is a little bit different. I also like that gifts are beautifully wrapped at no extra cost."

The role of independent retailers is hugely important to her customers,

and to Irish towns as a whole, Barber says. "I'm part of the Kieran Street Traders group and that has had a really good impact on the area. They run events and family fun days to build awareness of what's available on the street. It was pretty run down before and people talk about it being dangerous to walk down in the 1980s. Independent stores have brought life to the place and customers love to see the shops working together and the sense of community. When we can't help, we refer people to shops nearby. It keeps business in the area or in the city at least.

"I couldn't afford High-Street rents when I opened. That expense pushes independent retailers on to less popular side streets. But once they're there, they make the place cooler, and they become the happening places to shop.

"You can't just leave it there, though. You have to keep shouting about smaller shops, to keep business going."

RACHEL COLLINS (Irish Times)



## Butterslip

31 Rose Inn Street, Kilkenny,

t: + 353 (0)56 770 2502

e: [info@butterflip.com](mailto:info@butterflip.com)

[www.butterflip.com](http://www.butterflip.com)

[facebook.com/butterflip](https://facebook.com/butterflip)

# A Celebration of Style . . .

BY KATE NEWCOMBE

**Get your glad rags on and prepare to celebrate, as preparations are underway for the style event, that is Kilkenny Fashion Week.** With events such as style workshops, late night shopping, cocktail competitions and much more, there are literally surprises around every corner!

## WHAT'S IN-STORE?

### Wednesday 10th October

An exciting night awaits you, as the superbly executed and fabulous gala fashion show commences at the Lyrath Hotel.

### Thursday 11th October

**Kilkenny Fashion Week  
Student Scholarship**

- Clubhouse Hotel

It's all exciting stuff, as the finalists of the competitions will meet with top fashion judges in their finished up-styled outfits. Expect to see some fantastic creations!



Ross Costigan Photography



Dylan Vaughan Photography

**Fashion Fades, Style is Eternal**  
- Pembroke Hotel

Style sessions for the over 50's, a fashion show, health & well-being advice and mature skin care advice will top the agenda.

If you miss this, then there is a great opportunity to do a spot of late night shopping, as many fashion stores will be open until 8pm -Happy days!

### Friday 12th October

**Top to toe fabulousness!**  
- Left Bank

On Friday night, cocktails and cupcakes will precede an interactive style workshop featuring top hair, make-up and style professionals! Plus, lingerie experts have got it covered, when comes to offering you the best advice.

Can't make a fashion show? Never fear! Have the it brought to you on Saturday The KKFw Fashion Train will bring pop-up fashion shows to various bars, restaurants and shops from noon to 5pm. Expect a grand entrance and chic style!

### Saturday 13th October

A real Tweet! An evening will see Ireland's first fashion

**"Tweetup"**  
- Pembroke Hotel.

Twitter followers can network and put a face to twitter names. There will be 'reveals' for make-over winners via Twitter as well as food, entertainment and a live Twitter feed!

If all the excitement of the great offers and surprises 'in-store' has you worked up in a fashion frenzy, then relax and saunter through the streets of the city, where you are sure to find some hidden gems to go with that outfit.

**Check further details of the Kilkenny Fashion Week schedule, plus booking details online:**

[www.kilkennyfashionweek.com](http://www.kilkennyfashionweek.com)

You can also keep up to date with all the news on Facebook and Twitter (of course!)







**Tiffany Rose designer maternity range** offers stylish and glamorous maternity wear to pregnant mums with special occasions in mind.

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 MAKE UP ARTIST



**Karen Maher** of The Make Up & Beauty Studio  
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 email: [makeupandbeautystudio@hotmail.com](mailto:makeupandbeautystudio@hotmail.com)



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# Kilkenny's...Rose of Tralee



**We caught up with this year's Kilkenny Rose Aislinn Murphy before and after this year's Rose of Tralee, to get her first hand experience about the festival. She took time out of her busy schedule to answer a few of our questions...**

## **1. Growing up did you watch the Rose of Tralee on television?**

I remember watching the Rose of Tralee as a child with my two sisters. We used to pretend to be judges and judged the women on the dresses we each liked the best. The Rose of Tralee was a very important part of growing up in Ireland for myself and my family and you can really see that when you see the reactions of the children during the festival.

## **2. Had you always thought of becoming a Rose one day or was it a recent decision?**

For me, becoming the Kilkenny Rose was a recent decision as I didn't think that I would get anywhere in the competition. However, when I was picked to represent Kilkenny in the competition, I was so proud to be representing the county I grew up in as it's something I am very passionate about. I don't know why I had never thought of entering before!

## **3. What are you most looking forward to about the Rose experience?**

The thing I am most looking forward to is bonding with the 31 other women that will be on tour with me and who I'll be sharing the experience with me. I also can't wait to travel around Ireland as I made a pact with myself that I would travel around Ireland before travelling anywhere else in the world.

## **4. How have you found the support from Kilkenny during the run up to the festival?**

Absolutely phenomenal. The support I have received has been mind-blowing and so helpful. I would have never entered the festival without the persuasion of my manager at the Kilkenny Ormonde and since I was picked as the Kilkenny Rose they have been so supportive as my sponsors. I have also been approached time and time again by local business wanting to provide their support. It's quite a heart-warming thing to experience the kindness of the people in Kilkenny and it makes me even prouder to be representing them.

## **5. How was the experience of the night of the Rose of Tralee?**

There were too many feelings to mention! I was excited and nervous. The two nights of the Rose of Tralee were absolutely magical and such a worthwhile experience. I had so much fun and enjoyed myself immensely. I have some experience on stage, but this was unlike anything I had ever experienced. I wish I could do it again!

## **6. How has the support been since the event?**

The support has been, just as it was before- overwhelming and amazing. Most of all, however, my family have been so supportive before, during and after the

festival. My parents have been so patient and proud of me and continue to support me in everything I do, as well as that, my sisters Aoife and Shauna have helped me so much through the whole experience and never complained when I borrowed their clothes!

## **7. Would you recommend the festival to any hopeful Roses?**

I would recommend it to both Roses and Escorts. I have built long term friendships, experienced a new, loving and proud part of Ireland and what it means to be Irish. I have also met the most wonderful, talented and beautiful women.



**Aislinn took part in a photoshoot in Kilkenny's July Issue.**

## **8. Have you made good friends at the festival?**

Absolutely! Because the festival only took place over 10 days it was imperative for us to make friends quickly. It wasn't difficult though, as we were all in awe of one another and had so much respect for one another.





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# SAVOUR THE MOMENT

BY KATE NEWCOMBE

**As somewhat of a self-confessed foodie, I love this time of year** – Everywhere you look, there just seems to be an abundance of fresh produce, all enticing and beckoning to be created into wonderful dishes. From the comforting classics, such as stews and soups to the contemporary twists on traditional desserts.



Kilkenny has long been established as a creative hub and here, cuisine is no exception! So, if you love food but are perhaps a little unsure of what to make or, maybe you're uninspired and are looking for new creations to spice up dinner, then look no further than Kilkenny Savour Festival! Now in its 6th year, this year's festival promises to be as exciting and insightful.

Enjoy a saunter through the streets of the Medieval city, sample some of the locally produced delights on offer or, perhaps, pick up some skills by watching demonstrations from the professionals and impress your friends or someone special by recreating them at home!

Join the celebration, Kilkenny Savour Festival runs over the October Bank holiday weekend Thursday 25th – Monday 29th October 2012, with events running throughout the day and night, which include the very best of Irish and International food producers.

## **A TASTE OF WHAT'S TO COME....**

### **Cookery Demonstrations**

Watch top Celebrity chefs work their magic, Domestic Goddess Bootcamp – Fun and games with fab prizes! Chefs Table – Pick up tips from the gurus of gastronomy.

### **Food Market**

Saunter through the parade plaza and sample the treats on offer, observe the intriguing Café Challenge, learn the art of cheese-making and much more.

### **Kilkenny's Food Producers**

The very best of Kilkenny's food producers are on hand to offer tips and tasty samples but who will be crowned Savour Kilkenny's Food Producer of the Year?

Explore with tours or follow the Food Lover's Trail

### **Savour Youth**

Get crafty, get creative and get ready to get stuck into challenges and competitions!

### **Tasty Tweet Up**

Meet, eat and tweet! Get together with food bloggers and Tweeters in the first event of its kind in Ireland.

If you are still hungry to find out more, you can check out all the latest news and get the low-down on events at: [www.savourkilkenny.com](http://www.savourkilkenny.com) or follow the festival on Facebook and Twitter





**Every month we'll look at where you can get a bite to eat, hot beverage and unique food that can only be found in Kilkenny.**

### Restaurant



### Café



### Food



#### CAMPAGNE

The Arches, 5 Gashouse Lane,  
Tel: (056) 777 2858

Garrett Byrne and Brid Hannon opened Campagne in 2008, serving modern French food using the very best of local and Irish produce.

Located at 5 the arches, gashouse lane in the new heart of Kilkenny, the modern interior features a modern interpretation of country life which was painted by Kilkenny artist Catherine Barron. Featuring oak flooring, curved banquette seating and bright modern colours, Campagne has already established itself as one of Kilkenny's best restaurants garnering positive reviews from food critics and restaurant guides.



#### CROTTYS COFFEE HOUSE

St. Kieran Street, Kilkenny  
mandmcrotty@eircom.net  
Tel: (056) 776 4877



Crotty's Coffee House is a family run restaurant run by Murt and Mary. They have an extensive menu including lasagnes, paninis, and light bites. Bewleys coffee and teas is on hand to provide you with a pick up or a warm up on a cold day. Its situated at the end of the Butterslip on Kieran Street and is easily distinguished by its lovely purple canopy.

#### LAVISTOWN

[www.lavistownhouse.ie](http://www.lavistownhouse.ie)

Lavistown House have been making sausages for over twenty years. They were a result of many evenings around the kitchen table with bags of natural spices and glasses of wine and little mini tasters. They were a delicious secret that only a few people knew about because all our energies were going into making Lavistown Cheese. The cheese has now grown up and left home and they have turned their attention to producing a variety of fine gourmet sausages. With increased production they now buy the pork from a local farmer.



## ONE YEAR AGO...

Stone House Books reopened its doors on Kieran Street just over a year ago this month. It's been a tough time for the retail market in general but thanks to you, our much appreciated customers and friends we've made it to this stage!

We were delighted to have reached the Top 10 Independent Bookshops in Ireland at the Bord Gais Energy Awards 2011.

Despite our lack of Summer weather the tourist season was fantastic with visitors from both home and abroad.

We've created a "niche" market in Kieran Street where customers are guaranteed personal advice and attention.

We're now planning for the final months of the year with several author events in the pipeline, the highlight being Mary O' Rourke coming on Saturday 27th October to sign copies of her memoir "Just Mary". Mary is an inspiration to women all over Ireland and I'm delighted she has chosen Stone House Books as one of her visits.

Make sure to keep an eye on our facebook page for any upcoming events or happenings.

Look forward to seeing you over the next few months.

**Liz Walsh** Stone House Books



#### STONE HOUSE BOOKS

St. Kieran's Street, Kilkenny

Tel: 056 - 7790780 Fax: 056 - 7786639

Email: [stonehousebooks@gmail.com](mailto:stonehousebooks@gmail.com)

[www.stonehousebooks.ie](http://www.stonehousebooks.ie)

# Eclectic Style



**It's sometimes difficult to mix style with practical, how do you overcome this?**

Think about your space, and what you need it to do and edit accordingly. I like this quote by William Morris, "Have nothing in your house that you do not know to be useful or believe to be beautiful" Have a look at Shaker design - the ultimate combination of simple style and practicality. Be imaginative.....go to Ikea and pinch ideas on storage and using space cleverly (this is what they are good at... come to me to get well-made furniture though!!) then adapt those ideas using what you already own.

Use well-designed high street basics and mix with your own personal pieces that you've collected and that you love.

**What is your favourite piece of furniture in your house?**

My kitchen table, bought in an auction....big chunky turned legs, raw, unfinished oak....natural and elegant all at the same time.

**If you could have a look around a celebrity's house, who's would it be?**

Vivienne Westwood.....I imagine it would be totally unique and imaginative, warm, colourful, mental...amazing... like her!



We have a look at Selina Gittins home in Freshford to see her unique style which she carries through to her shop **Eclectic Interiors** in the Castlecomer Discovery Park, Craft Yard.

**How would you describe your own decorating style?**

Eclectic but edited and simple, not cluttered... Natural materials...wood, wool, linen, metal, sheepskin contrasted with man-made and luxurious...velvet, embroidery, lace, crystal Limited colour palette; earthy, natural colours and textures but with injections of colour.

*Elegance...*

A bathroom with a sink, mirror, and a checkered border.

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DECORATIVE P.V.C WALL PANELS FOR BATHROOMS



BY SEAN SHANAHAN

# A stone's throw away...

**If by some miracle you run out of things to do during your stay in Kilkenny city, or you simply want to see what else the county has to offer, then read on.....Each month we will pick a beautiful destination roughly twenty minutes outside Kilkenny city for you to visit. This month we have selected Woodstock House in Inistioge, Co. Kilkenny.**

## Getting there....

Using Kilkenny Castle as the starting point, turn left away from the centre of Kilkenny and head southeast towards the Bennettsbridge road following the Castle road. At the roundabout take the second exit for Bennettsbridge, the R700, and continue along this road until you come into the village of Thomastown. Follow the signs for Inistioge from there. Woodstock House is located just outside the beautiful village of Inistioge, in County Kilkenny. Upon approaching Inistioge from Kilkenny/Thomastown take the first right in Inistioge, up the steep High Street (opposite The Square). Enter through main gateway at top of the hill. Access to the gardens is through car park approx 750 metres from the main gates.



## So what's it all about?

Woodstock house was built in 1745-47 for Sir William Fownes by the architect Francis Bindon. It has a rusticated front façade and is unusual in being built around a small central court. The decorative emphasis of the house was focused upon the front facade. In 1804-06 flanking wings were added to designs by William Robertson. The service yards either side were added at the same time. Both the main house and the wings were built of stone with brick lining inside. The basement vaulting was, unusually, also of brick. Only parts of the east and west walls of the centre block and parts of the wings had no internal brick lining. Like many early 18th century Irish country houses, the decorative emphasis of the building was focused upon the front façade. The five bay

garden frontage is much plainer though a very decorative iron staircase was added in the 1850s by Richard Turner, the famous iron master.



The main house was burnt in 1922 after the building had been occupied by 'Black and Tan' troops. The east wing apparently was not burnt and remained occupied for some years subsequently. The house is now in an unstable condition, having been in a ruinous state for approximately eighty years. Due to its constant exposure to weathering there has been considerable decay of the fabric and undermining of the structural stability of parts of the building. The central bay of the front façade collapsed in March 2001 during a storm which has left the building now even more unstable and extremely dangerous. (Works are now underway to protect the building from further deterioration.)

The Victorian gardens, which contain elements of international importance, were laid out with the house as a central focus. The restoration of the gardens which is being carried out by Kilkenny County Council, has highlighted, both the significance of the house in relation to the gardens and the precarious condition which the structure is currently in.

For More information on Woodstock House contact:

Head Gardener John Delaney on M: + 353 87 8549785  
Claire Goodwin, Kilkenny Co-Council on T: + 353 56 7794373

Email: [woodstock@kilkennycoco.ie](mailto:woodstock@kilkennycoco.ie)



Opening Hours :  
The opening hours vary with the seasons and with available daylight.  
Summer  
(April to September)  
9am to 7.30 pm  
Winter  
(October to March)  
9am to 4pm



# Man's Best Friend

**The Irish Guide Dogs** for the Blind is a charity that needs some paws for thought.

I caught up with Jennifer Foran Smyth, one of their event fundraisers to find out all about the work they do and how we can all get involved.



## 1 Tell us about the amazing work that the guide dogs do?

Irish Guide Dogs for the Blind is a national charity dedicated to helping persons who are blind or vision impaired and families of children with autism to achieve improved mobility and independence. Our National Headquarters and Training Centre is located on the Model Farm Road two miles outside Cork City. All our training programmes are run free of charge at this location. Some of our courses last up to three weeks with clients staying at the Centre for the duration of their training. Full aftercare is provided for all clients in their home and community.

### Our classes include

- The Guide Dog Programme for people who are blind or vision impaired
- The Assistance Dog Programme for families of children with autism
- Orientation and Mobility Training (Long Cane)
- Independent Living Skills
- The Next Step Programme (To help young adults with the transition to life in college / work)
- The Companion Dog Programme

## 2 How much on average does it cost to train a dog from start to finish?

Having worked with dogs for over 30 years, we have come to realise the important characteristics required in successful guide and assistance dogs. We breed all of our own dogs, working closely with our volunteer breeding stock holders to ensure the most successful outcomes. We use a variety of breeds as this gives us the opportunity to train dogs with varying temperaments - a key factor in successfully matching a guide or assistance dog with a client. It costs €38,000 to breed, care and support a single working dog partnership. We receive over 85% of our income through voluntary donations and fundraising through a network of volunteers across the country.



## 3 What is the sponsor puppy programme about and what does it involve?

Giving a puppy a name is the first step on their journey to become a Guide or Assistance dog. You can help them on this journey by naming a puppy and sponsoring them.



- You can get involved by sponsoring a puppy through their first year **'Finding their Feet'**.
- You can sponsor the puppies first two years through to being matched with a Guide Dog Owner or a family of a child with autism, **'Puppy Power'**.
- Or you can sponsor the working life of a dog as they **'Take the Lead'**

For more information on this programme visit [www.guidedogs.ie](http://www.guidedogs.ie)

## 4 What fundraising events do you have coming up?

There are numerous events coming up across the country to see a complete list visit the events section of our website.

## 5 Where can people go to find out more and donate?

People can visit our website at [www.guidedogs.ie](http://www.guidedogs.ie) or call us on 1850 506 300

by Sarah Canning



# BAGGAGE

Anything to Declare? We're not talking about issues but the ever important question what does a guy carry around with him - we look at some 'man bag' options



Messenger Bag  
**Next**



Rucksack  
**River Island**



Rucksack  
**Nine Lives, Kilkenny**



Across the Body Bag  
**Jack Jones**

## Pub of the month : Bridies

Bridies is one of those delightful finds that Kilkenny has to offer. The shop facade which would bring you back to your childhood going to the Local shop for a pint of milk or a bag of penney sweets. Inside it doesn't disappoint at all. It's a treasure seekers paradise, with gourmet foods, oldtime sweets, and modern quirky household bits. When you head through the swing doors you

are through to a warm cosy bar. Its relaxed with friendly bar staff and music that's not too high. Upstairs caters for private parties, and through to the back is a beautiful outdoor courtyard and smoking area. Bridies in full of charm and is sure to win you over once you step through it's doors.

**John Street., Kilkenny**  
**Tel: 056 7765133**



Bridies

# IF YOU SEE ONE THING THIS MONTH...

## THE GIG

### ROCKFALL FESTIVAL



**OCTOBER BANK  
HOLIDAY WEEKEND**  
[WWW.ROCKFALLFESTIVAL.COM](http://WWW.ROCKFALLFESTIVAL.COM)  
The 24th annual Rockfall Festival takes place in Kilkenny City from Friday October 26th to Monday October 29th. This year's festival will feature a wide array of bands, solo artists and DJs performing in venues all over the city. We thank all of these performers, all of whom play free of charge. Thanks also to venue owners of Kilkenny for their ongoing support to the festival.

Artists include The Marble City Sounds, Paddy Hanrahan, Sonny Cullen, The Joe Dolan Tribute Show, Paschal Brennan, TV Jones, The Tomahawks, The Uptown, Backdoor Blues, Thin as Lizzy, O'Dwyer Bros, All Time DJ's, Dead Disco. Also featured is a special screening of the Night of the Living Dead, Devious' Theatres recent play.

## THE FILM

**TAKEN 2**  
KILKENNY CINEPLEX  
OCTOBER 2012  
TEL 1520 444 000



Liam Neeson reprises his role as the retired CIA operative and concerned parent Bryan Mills while Maggie Grace and Famke Janssen re-enlist as his daughter Kim and ex-wife Lenore respectively.

The story hinges on revenge rather than rescue. Murad Krasniqi (Rade Sherbedgia) vows to avenge Mills' killing of his son, the head of a human trafficking ring who had had the bad idea of making off with Kim. His plans are given a boost when Mills -- ill-advisedly, as it soon proves -- invites Kim and Lenore to spend some holiday time with him in Istanbul where his private security firm has just completed a deal with a wealthy sheikh. One car-chase later, and it's Mills' and Lenore's turn to be "taken," while Kim only narrowly avoids a similar fate. If you liked the first film you will enjoy this as it doesn't disappoint.

## THE PLAY

**THE WHEELCHAIR**  
WATERGATE TEL: 056 7761674  
5 OCT 2012 8:00 PM - 9:00PM  
ADMISSION €12.50/€10

Award Winning 'The Wheelchair on My Face' comes to the Watergate Theatre Fishamble: The New Play Company presents 'The Wheelchair on My Face: A look back at a myopic childhood' at the Watergate Theatre for one night only Friday October 5th. 'Part memoir, part theatre and part stand-up comedy' (Irish Independent), this delightful story of a myopic seven year old is brought to by actor and comedian, Sonya Kelly (The Savage Eye). 'The Wheelchair on My Face' has been greatly received at this year's Edinburgh Fringe Festival winning The Scotsman Fringe First Award. Fishamble are delighted that this funny, poignant show, has been recognized by the judges of this internationally renowned award. Fishamble is for the second year in a row bringing home the coveted Fringe First from Edinburgh following their win last year for 'Silent' by Pat Kinevane.

'Hilarious, poignant, it will please viewers of all lens-prescriptions and none' Irish Theatre Magazine  
'Delightfully whacky, hilarious, tight script and engaging performance, terrific' Irish Times

[www.watergatetheatre.com](http://www.watergatetheatre.com)

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### Paul's

Paul's Fashion Department store has been trading since 1924 serving the public for over 80 years. It has grown from a small premises at No 14 High Street, to what it is today a Department Store with 3 floors of Fashion offering one of the widest selection of Designer Brands in the South East. Over the years there has been constant refurbishments to bring it to the standard offered today with recently completed New State of the Art shop fronts at both Number 12 and Number 14.

#### Paul's Department Store

12 & 14 High Street, Kilkenny  
Tel: 056 7721289 Email: [info@paulskilkenny.com](mailto:info@paulskilkenny.com)  
[www.paulskilkenny.com](http://www.paulskilkenny.com)

### Murphy's Jewellers

Over 100 years of continuous trading as Kilkenny's leading jewellers. Established in 1903 it's still one of the City's most popular jewellers

85 High Street, Kilkenny  
Tel: 056 772 1127 Email: [sales@murphyjewellers.com](mailto:sales@murphyjewellers.com)  
[www.murphyjewellers.com](http://www.murphyjewellers.com)

Opposite Image

Dress: Paul's

Jewellery: MIMonedaRoseGoldJewellery, Pendant €199  
Bracelet €139 Earrings €79. Watch: Calvin Klein Watch €298

## LORIMAT



To celebrate our new look website we're offering readers an exclusive

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\* Offer valid from 1/10/12 - 31/10/12

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**Emma Collopy**  
*B.A. (Hons) in Fashion Design*  
1st Year Fashion Design Winner  
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