

East Kilkenny Cycle Route



Distance	64km
Time	3 to 4.5 hours
Terrain	Rolling country roads and laneways
Traffic	Mainly on quiet roads, caution advised at one way system in Thomastown
To Suit	Experienced, moderately fit self sufficient cyclists
Minimum Gear	Spare tube, pump, liquids, food, mobile phone

Overview

This route is a scenic cycling route linking the most historic and culturally significant towns in east Kilkenny. The towns are perfectly placed along the route to stop for lunch or a cup of coffee. The route uses quiet roads and laneways and provides stunning views of Brandon Hill, the River Barrow and the River Nore.

Gowran - Graiguenamanagh - Thomastown - Bennettsbridge

